

OF INTEREST TO WOMEN

Women Who Will Preside at Charity's Tea Table This Afternoon—Hints for Confirmation Dresses—How to Retain Youth.

REJUVENATING BATHS.

Excellent Recipes for Perpetuating Youth Given By An Expert.

Methods and Lotions Which Are Beneficial in Accomplishing This Result.

A faded society woman will find the electric bath her great ally in chasing away the marks of time and care. I have seen women positively look ten years younger from the effects of one bath. Of course, the refreshing is only temporary, but women that can afford it should take two electric baths a week for the tonic and invigorating effect they give.

An electric bath is a luxury, and should be taken in one's own home under the care of an experienced electrician and masseuse. The patient sits in a bath two-thirds full of water, into which a generous cup of salt has been thrown, and the electricity is applied through a sponge from a battery (galvanic preferred). The current can be regulated.

After the bath the attendant should give the patient a full massage treatment, taking care to knead and manipulate the face, and throat thoroughly, applying the skin food to the face and throat, and gently smoothing and pressing the wrinkles in the opposite direction from the lines they are forming, with precisely the same movement you would use if smoothing out a bit of ribbon or creased silk.

After the bath take a complete rest of two or three hours.

There are one or two skilful electricians (women) who give these baths most successfully at patients' homes.

Where money is no object it is much wiser to employ a professional electrician and masseuse, although it is an easy matter to learn how to use a battery at home, and the entire cost of the treatment will be the money expended for the battery. A ten-cell galvanic battery will cost about \$15. This method of applying electricity is wonderful in its results on the face. The current should be greatly reduced for the face; never stronger, in the opinion, than three coils. Knots are bladders, always painful, very often harmful, no matter who is responsible, and only a very clumsy electrician will "shock" a patient in the bath. There is no excuse for a shock, which is the result of ignorance or carelessness, and ruinous to nervous women. Electric baths may be taken once a week with excellent results where they are intended for a tonic only, and in cases of rheumatism, neuralgia, internal and ovarian troubles, the electric bath is often a specific, and may be given daily until no longer required so often.

Many women find the addition of an aromatic vinegar to the bath very invigorating. I include in this article a recipe for such a vinegar, which was given me in Europe by a Russian noblewoman, who told me it was extensively used by the elegantes of her country.

RUSSIAN AROMATIC VINEGAR.
Glacial acetic acid..... 1 pound
Rectified spirits..... 2 oz. (Imperial)
Pure camphor (crushed small)..... 2 ounces
Oil of cloves..... 15 drops
Oil of rosemary..... 15 drops
Oil of bergamot..... 15 drops
Oil of cinnamon..... 15 drops
Oil of lemon..... 15 drops
Oil of lavender..... 15 drops
Oil of plum..... 15 drops
Mix in a stopped bottle until all the camphor is dissolved.

HARRIET HUBBARD AYER.

CYCLING NOTES.

The pioneer lady bicyclist of St. Petersburg, who, after a demonstration of her ability, was last month licensed to ride in the streets of that city, must have had some difficulty in deciding what garb to appear in. As between a long skirt that she, as a competent rider, must have known was likely at any time to bring about a disastrous fall, a short skirt that was liable to the winter wind to cause embarrassment, and a rational costume that was almost sure to be indifferently received by the community to deny every small boy who knew his business, her fix could not have been much less perplexing than is just now that of our respected Governor. There are some positions so awkward that they cannot be compromised.

At last a stockinet leggin has been produced which is a great improvement on either canvas or leather. Being, of course, elastic, it is easily buttoned, and when buttoned it fits snugly and yet allows free play to the ankle. Although made only in black, navy blue and dark-brown at present, it will shortly also be supplied in any other desired color. The foot strap is also elastic, and so can be used with a rat-trap pedal without danger of entanglement. The new leggin will be on sale in retail stores in the course of a few days at about \$2.50 per pair, and as there will be no need for any purchaser to change the position of the buttons, it is almost sure to meet with approval.

The other day a gentleman, after paying for a cycle in a store where wheels are made to measure while you wait (because you have to, made an appointment for two hours' practical instruction in the art of

PROMINENT WOMEN

This afternoon, at Sherry's, the much discussed Doll Show for the benefit of the projected Diphtheria and Scarlet Fever Hospital will be opened with a tea. The tickets have been limited to the patronesses and their personal friends and to representatives of the press. Nevertheless it is expected that the crowd will be large as well as a representative one. The ladies pouring tea are anticipating an afternoon of genuine labor in behalf of the good work. Altogether the occasion is unique. A fashion show in miniature it might be

Spring brides have an especial interest in the display and it is rumored that several of the number have waited to visit the

FOR THE HOUSEWIFE.

A convenient utensil for the kitchen, not in general use, is a small paint brush. It is neither more or less effective for the greasing of pans than the usual bit of paper.

A round bottom mixing bowl with a handle at one side saves both labor and time. Eggs are beaten lighter and more quickly than in a flat-bottom dish and

batter of all sorts is more readily worked smooth.

Many otherwise good cooks fail in roasting meats. The secret of success lies in selecting a piece fat enough to baste itself and putting no water in the pan.

Sponge cake is confessedly the most wholesome of any made and the most uncertain as to results. The latest author-

ties claim that adding everything to the beaten whites will insure good results. The order is: First the beaten yolks, then the sugar and lastly the flour.

Baking powder should not be sifted with the flour, as is the usual method. It should be stirred into the mixture at the last moment that no fermentation may take place before the cake or biscuit reaches the oven.

DIPLOMACY DISCUSSED BY WOMEN.

"Diplomacy is played out in this degenerate age," remarked the girl in the gray gown.
"Why, that is just what I've been thinking this week," cried the girl in the blue jacket. "But how did you find it out?"
"In this way: My grandmother has been begging me to come and spend a month with her. I hate Boston, and I tried every way to get out of it, but it seemed last week as if I'd have to go in spite of my struggles. Then I had resort to—"
"Diplomacy; I know! I only hope that your efforts were crowned with more success than mine."
"They were crowned with too much. Just at that time I learned that Arthur was coming here for a couple of months. Of course, after that I wouldn't have left New York for twenty grandmothers."
"I should think not. But how did you?"
"Manage? I wrote my grandmother that I was very anxious to come, but that mamma was ill, and I couldn't possibly leave her with this big house on her hands."
"She couldn't find fault with that."
"Of course not. You see, mamma has been complaining of neuralgia of late, and really one day I made jelly and once I ordered dinner."
"Well, I don't see how your plan"—
"Could fail? Neither did I. Well, mamma said she really hadn't felt ill before, but I must have some ground for my uneasiness, as I was not generally inclined to worry about the health of other people."
"Oh, pshaw! words don't hurt, and as Arthur is coming—"
"So she decided to go to grandmamma's herself for a month, leaving me to look after papa and the house."
"Well, that is bad enough; still, with Arthur—"
"The day after she left I got a letter from Arthur, saying that the firm had decided to send him to Boston instead of New York and he had only accepted the arrangement because he knew I could go there and stay with my grandmother!"
"Oh, my goodness, how awful!" groaned the girl in the blue jacket. "Still, after all, your plight is no worse than my own. You know, I have been pining and longing for a bicycle, don't you?"
"Do I know it? I couldn't help knowing it if I were deaf, dumb, blind and imbecile."
"Well, father said he couldn't afford it, and it was no use for me to wheedle him about it. He said I would want a lot of clothes, and I couldn't have both. Well, I looked through my last year's wardrobe and decided that I could make my old things do, especially as we are not going out of town and I would spend most of my time riding."
"Mercy! That shows how badly you wanted one. Such heroism should receive its reward."
"Of course I wanted it badly. It was a hard task to convince mamma that my old clothes would do, and I knew I should have to keep away from the shop windows, no matter what else I did. Finally, father told me that if I would sign a paper saying that I would not need a single new gown this summer he would buy me the wheel. I signed it, and then—"
"You got an invitation to visit somebody at the seashore, I know?"
"No, I didn't. Henry and I became engaged just then, and—"
"And you were so happy that you didn't want a bicycle after all? I see, and I know just how you!"
"No, you don't see at all. When I mentioned the bicycle to Henry he flew into a rage and said that he wouldn't marry a girl who rode a bicycle, if she was an angel!"



number of imported models and to those for outdoor sports which have been previously commented upon in the Journal. It is sufficient to say that all or nearly all of the leading modistes and tailors will be represented to insure a deep interest among the public at large. Such an opportunity to investigate the modes is not often given to the multitude. Self-interest alone would induce the trifling expenditure of the necessary fifty cents. When added to that there is an opportunity to contribute a mite toward so needed a good work there can be little doubt that the public will respond generously during the two days—Saturday and Monday.

This afternoon special interest centres in

Fish, Mrs. John W. McIntern and Mrs. T. J. Oakley Rhinelanders are announced as volunteers, but it is still hoped that the list

however, will rival even that displayed by those women who, while studying the work inspired by themselves, make a far more interesting, because human, exhibition.

WILL WELCOME ROYALTY.

The Duchess of Manchester is coming to America next summer to visit her mother, Mrs. Antonio Yznaga, whose health no longer allows her to cross the ocean. She brings with her Lady Alice Eleanor Montagu, her young daughter, whose beautiful twin sister, Lady Mary, died of pneumonia in Rome a little more than a year ago, and her son, the present Duke, whose nineteenth birthday occurs this month. There is just one day's difference in age between him and the Duchess of Marlborough, who was named for his beautiful mother, the latter and the present Mrs. O. H. P. Belmont having been friends in girlhood. The Duke was only six years old when he last visited this country, and at that time there was a sort of joking engagement between him and the little Consuelo Vanderbilt, who called him "mon petit mari." The Duke, then Lord Kimbolton, was a dignified, manly little fellow, with a strong sense of "noblesse oblige," half amusing, half touching, in so young a child. He had been trained to abhor anything that could be construed into snobishness, so that it was impossible to get him to mention his title. An inquisitive lady one day endeavored to trap him into doing so, and began by asking his name. "My name is Kim," he said. "Well, is that all?" she went on. "No, it is Kimbolton." "But what do the servants call you?" "The servants call me 'my Lord,'" he admitted, "if you want to know my title; a title is a different thing from a name."

SUCCESSFUL FARMING.

Miss Margaret La Tourette, of North Dakota, conceived the idea of becoming a farmer woman. She carried it into effect, and now is numbered among the most practical agriculturists of that section. Ten years ago she migrated to Ramsey County with her parents, who, prior to that time, lived in the interior of New York State. Miss La Tourette took advantage of the privileges granted by the Government and took up a homestead. She complied with the laws regarding such claims and now owns and cultivates a farm comprising one hundred and sixty acres. Unlike many amateurs in the field, she has superintended the work in person, and only called in masculine aid when the exigencies of teaching left too little time. Her profits have been sufficient to prove that farming in North Dakota can be made profitable. The question now becomes one of how many women will be induced to enter a life that yields comfort and freedom as a recompense for faithful labor.

A MEANS OF LIVELIHOOD.

The different vocations of women are so varied that any fresh addition causes some comment. In Japan women visit various houses and retail gossip at so much per hour. If the hostess is especially pleased with the information imparted she makes her informant a present in addition to the regular charge. Many of the "lady gossips" are bright and witty talkers, and by keeping themselves well posted on the local news, earn handsome fees.

ART NOTE.

Miss Eleanor Cunningham Bannister is busy doing two portraits, one of a young girl and one of a boy. One of her recently completed portraits will be shown at the coming exhibition at the National Academy. One wise thought is worth a thousand right hands.

SIMPLE FROCKS DESIGNED FOR WEAR FOR FIRST COMMUNION CANDIDATES.

The one-time invariable rule that confirmation and first communion gowns should be of mull, organza or swiss is no longer in force. With the abundant supply of china silks and lightweight wool stuffs which are nowadays manufactured, the range of choice has become extended.

The present law declares only that the gown shall be simple. The occasion is not one for display, but significance. Young

girls about to become brides of the Church wear white as emblematic of purity. They wear veils because women must not go uncovered into the sanctuary, and some few add the orange blossom wreath, but that is far from general.

In the illustration several styles are shown, all equally good. The first of the five is designed for lawn of the finest sort. The skirt, in common with all made from thin materials, is straight and round, gath-

ered in at the waist. The bodice shows full frills forming revers that fall over the shoulders and sleeves that reach to the elbow only. With it no ribbon is worn. Even the stock collar and the bows are of the lawn. The veil, too, is of the same fabric. Many people prefer net, but the lawn is considered more appropriate. A wreath of natural flowers holds it in place. Some of the clergy are exacting as to details, and will not allow even the ornament of flowers to be used. The second

Suede is shown only in gloves of greater length. The third costume is plain and without floral decoration. In this instance the material is mull, which is made in a succession of thick silks. The skirt is straight and is finished with three tucks above the hem. The bodice is full and round. The simulated yoke is the result of three tucks above, which keep the fullness in place, besides giving the desired effect. The large bonnet sleeves conform in style to the bodice. The loops that fall below

stand over the shoulders in epaulettes fashion. Both of these are bound with plain white satin ribbon, and white satin makes the stock and belt. The sleeves are puffed to the elbow, where they meet gloves of Suede. The veil in this case is net, and is confined by the wreath of flowers. Because of the greater severity of the material and style, the costume is considered suitable for girls of more advanced age. The wash stuffs are universally preferred for the younger candidates.



DELICIOUS EGG CUTLETS.

Boil six eggs for twenty minutes. Remove the shell immediately, and when cold cut into thick, even slices. Have in readiness a raw egg, well beaten, and a quantity of rolled bread crumbs, seasoned with salt, pepper and a little chopped parsley. With a fork dip each slice of egg first into the raw egg, then into the crumbs, and lay them all out on a flat dish.

Put one pint of cottonseed oil into a saucepan. When a crumb of bread, dropped in, browns instantly, it is ready for use. Then put into the frying basket as many of the cutlets as it will hold. Plunge it down into the hot oil, and the moment they have taken a delicate brown, remove them and spread out on blotting paper to absorb the fat. When the entire quantity has been fried, arrange them in a hot platter and pour over them a cupful of hot milk, to which has been added a beaten raw egg.

gown, which is of white china silk, was designed with that fact in view. The young girl has a skirt cut in the prevailing flare style, but absolutely plain. The open bodice, with the revers that stand well out over the sleeves, is draped over an inner waist, showing groups of tucks. The sleeves are long. Both collar and belt are of the silk. The only part of the costume which shows variation is the illusion veil, held in place by loops of the same. With it four-button glove gloves are worn.

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A large stag dinner will be given by Mr. Philip Livingston Livingston at the Metropolitan Club, on March 25, in honor of Mr. Newbold Morris, whose marriage to Miss Helen Kingsland will be celebrated at St. Bartholomew's Church on April 9.

Mrs. Alice Shaw, the famous whistler, will be heard at Miss Eunice L. Heckle's musicale at the Waldorf next Monday. The other artists who will assist are Miss

formal luncheon party yesterday to half a dozen of her young friends. The pretty dining room of her home, No. 37 East Twenty-ninth street, was tastefully decorated with Spring flowers.

Mrs. Harcourt Bull will give the third of her pianoforte recitals at the Waldorf next Tuesday, when a programme of unusual merit will be rendered. It will include selections of Grieg, Schumann, Chopin and Liszt.

Mr. Arthur Howard Pickering, of Boston, gives his second of four readings from Browning this morning at 11:30 o'clock

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The last of the designs is taken from a gown of dotted swiss. The plain skirt is simply gathered into a band. The bodice shows the yoke effect, but in this instance it is separate and entirely composed of fine tucks, at the termination of which is a fringe that falls over the shoulders. Below the yoke only moderate fullness is shown. The sleeves correspond with the yoke in showing deep tucked cuffs, which terminate in frills that fall over the hands. The veil is of sheer lawn.

Julie Petersen, Mr. August J. Granitz, Mr. Harry Selts, Mr. Edwin C. Banck, Mr. William H. Barber and Mr. Victor Harris.

The patronesses of the dance to be given on the old schoolhouse New Hampshire during Easter week are Mrs. William Butler Duncan, Jr., Mrs. John S. Barnes, Mrs. Oliver Harrison, Jr., Mrs. Edward Willard Brown, Mrs. Edward Carnes Weeks and Mrs. Jacob W. Miller.

The Michaux Club is said to be contemplating a fancy dress dance to be given at their hall shortly after Easter.